## Becoming a Diabetes Educator - UCSF Program Agenda*

### First Weekend

**Saturday**
- 7:30 to 8:00am: Registration
- 8:00 to 4:30pm: Diabetes – Not Just Hyperglycemia
  - Goals of Care
  - Insulin Types and Action
  - Insulin Pattern Management
  - Medications for Type 2 Diabetes
  - Monitoring, Sick Days and Hospitalization

**Sunday**
- 8:00 to 4:30pm: Chronic Complications of Diabetes
  - Acute Complications
  - Medical Nutrition Therapy
  - Nutrition Considerations for Children and During Pregnancy
  - Exercise Recommendations

### Second Weekend

**Saturday**
- 7:30 – 8:00am: Program Registration
- 8am- 4:30pm: Teaching Learning Principles
  - AADE Self-Care Behaviors
  - Special Populations
  - Psychosocial Assessment
  - Behavior Change and Case Studies

**Sunday**
- 8am-1pm: Learning Stations
  - Blood Glucose Monitoring
  - Carbohydrate Counting
  - Insulin Administration
  - Role-Playing scenarios

*Topic order subject to change